

## S.I.H.S.T.& F.A. All-Time Top Ten List

Composed By Donald Pierce, League Historian

As of 03/15/19

55m

1.	Lewis Sanders	St. Peters	6.45	1996 State Champs
2.	Ronnie Heath	Tottenville	6.52	2000 City Champs
3.	Mike Butler	Moore Catholic	6.54	2006 Eastern States
4.	Kareem Crawford	Curtis	6.56	2010 Borough Champs
5.	Troy Faulkner	Curtis	6.57	2008 City Champs
6.	Jonathan Fazio	St. Joseph Sea	6.58	2000 Sectionals
7.	Roger Lynch	Farrell	6.58	2008 Brown Invite
8.	Steve Gregory	Curtis	6.59	2001 Hispanic Games
9.	Will Haskell	Curtis	6.60	1993 West Point
10.	Chris Fodera	St. Peters	6.63	1996

60m

1.	Lewis Sanders	St. Peters	7.05	1996 Nationals
2.	Mike Butler	Moore Catholic	7.07	2006 Nationals
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55HH

1.	Saidu Ezike	Port Richmond	7.34	2004 Cities
2.	Kareem Crawford	Curtis	7.45	2010 Cities
3.	Diego Oqeundo	Tottenville	7.51	2004 States
4.	Bill Jankunis	New Dorp	7.3(H)=7.54	1973
5.	Cliff Smith	New Dorp	7.4(H)=7.64	1971
6.	Andre Ruth	MSIT	7.65	1986 Cities
7.	Mike Murphy	St. Joseph Sea	7.69	2006 Sectionals
	Nick Giacomo	St. Joseph Sea	7.74	2004 Islands
8.	Kris Szabadhegy	Farrell	7.74	1981
	Mariano Maqueda	Farrell	7.76	1980
9.	Bernard Ang	MSIT	7.76	1986
10.	Ashley Carter	Curtis	7.81	2000 Cities

### 60m Hurdles

1.	Saidu Ezike	Port Richmond	7.92	2004 Nationals
2.	Diego Oqeundo	Tottenville	8.12	2004 Nationals
3.	Kareem Crawford	Curtis	8.38	2010 Nationals
4.	Mike Murphy	St. Joseph Sea	8.47	2006 Nationals
5.	Robert Mirfield	St. Joseph Sea	8.73	2011 Nationals
6.	Chrystian Callozo	Susan Wagner	8.89	2016 Curtis Invite
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### 200m

1.	Troy Faulkner	Curtis	22.31	2008 Nationals
2.	Zamel Johnson	Port Richmond	22.41	2009
3.	Lendel McClean	Curtis	22.64	2003 Metro Invite
4.	Jonathan Fazio	St. Joseph Sea	22.67	2000 Nationals
5.	Geoffrey Skeets	Curtis	22.81	2003 Mac Meet
6.	Adrian Shariff	Susan E. Wagner	22.83	2014 Hispanic Games
7.	Kile Garguilo	Moore Catholic	22.91	1999
8.	Saidu Ezike	Port Richmond	22.92	2004 Nationals
9.	Lewis Sanders	St. Peters	22.92	1996 Hispanic Games
10.	Chris Fodera	St. Peters	22.9	1996 Easterns

### 300m

1.	Lionel Williams	St. Peters	34.88	2007 Intersectionals
2.	Lendel McClean	Curtis	35.26	2003 Cities
3.	Michael Russell	Curtis	35.28	1995 Nationals
4.	Adrian Sheriff	Susan Wagner	35.44	2014 Cities
5.	Joshua Beausil	Curtis	35.53	2014 Boros
6.	William Cuthbertson	Susan Wagner	35.53	2018 Hispanic Games
7.	Kyle Garguilo	Moore Catholic	35.55	1999
8.	Troy Faulkner	Curtis	35.56	2008 Boros
9.	Abubakar Bangura	Curtis	35.61	1999 Mayors Cup
10.	Zamel Johnson	Port Richmond	35.62	2009 Mayors Cup

### 400m

1.	Michael Russell	Curtis	48.85	1995 Nationals
2.	Troy Faulkner	Curtis	48.88	2008 Nationals
3.	Lionel Williams	St. Peters	49.52	2006 Hispanic Games

4.	Lendel McClean	Curtis	49.77	2003 Hall of Fame
5.	William Cuthbertson	Susan Wagner	49.84	2018
6.	Kyle Garguilo	Moore Catholic	50.03	2003
7.	Waleed Amer	Farrell	50.2H-50.44	2004
8.	Adam Civitano	St. Joseph Sea	50.56	2011 Sectionals
9.	Dennis Ennis	St. Peters	50.9yds-50.6	1965
10.	Matt Frawley	Farrell	50.70	2007

#### 600 Yard Run

1.	Ali Abiola	St. Peters	1:12.68	1999 Stanner Games
2.	Chris Ryan	Farrell	1:31.1	1973 Mayors Meet
3.	Larry Cimato	New Dorp	1:13.2	1970 Eastern Staes
4.	Ed Martin	St. Peters	1:13.69	2002 Stanner Games
5.	Vincent Giles	Wagner	1:13.7	1983 Islands
6.	Jimmy Melvin	St. Joseph Sea	1:14.09	1999 Eastern States
7.	Derek Alvez	Curtis	1:14.1	
8.	Steve Mahoney	St. Peters	1:14.1	1981 Eastern States
9.	Jimmy Caricola	St. Peters	1:15.9	1998 Stanner Games
10.	Kile Garguilo	Moore Catholic	1:16.38	1999 Stanner Games

#### 600m

1.	Lionel Williams	St. Peters	1:19.40	2007
2.	Ali Abiola	St. Peters	1:19.99	1999 Mayors Meet
3.	Matt Frawley	Farrell	1:21.53	2007
4.	Michael Russell	Curtis	1:21.54	1995 Mac Meet
5.	James Farley	Farrell	1:21.90	2009 Sectionals
6.	Nick Masters	St. Joseph Sea	1:22.28	2019 Boston Holiday
7.	William Cuthbertson	Susan Wagner	1:22.38	2018 Islands
8.	Lance Gittens	Port Richmond	1:22.44	1993 FDU Meet
9.	Billy McEvoy	Farrell	1:22.47	2003
10.	Ed Martin	St. Peters	1:22.59	2002

#### 800m

1.	Lionel Williams	St. Peters	1:52.29	2006 Marine Corp
2.	Bob Andrews	New Dorp	1:54.0 converted yds	1974 NYS Champs
3.	Nick Velez	St. Joseph Sea	1:54.49	2016 Sectionals
4.	Matt Frawley	Farrell	1:54.95	2007
5.	William Cuthbertson	Susan Wagner	1:55.34	2018 Ocean Breeze
6.	Paul Buttermark	St. Peters	1:56.4(H) 880yds=1:55.72	1974

7.	Ali Abiola	St. Peters	1:55.85	1999 Nationals
8.	Joe Walsh	Farrell	1:56.6(H) 880yds=1:55.92	1974 St. Francis Games
9.	Daniel Zaccariello	St. Joseph Sea	1:56.01	2010 Easterns
10.	Dennis Farley	St. Peters	1:56.12	2016 Easterns

#### 1000 yard run

1.	Charles Marsala	New Dorp	2:13.3	1983
2.	John Daly	Farrell	2:13.4	1974 Easterns
3.	Chris Ryan	Farrell	2:18.4	1973 Engineer Games
4.	Joe Ferrante	Tottenville	2:19.2	1983 Easterns
5.	Joe Walsh	Farrell	2:19.6	1974
6.	John Obrien	Farrell	2:20.6	1970 Mayors Meet
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#### 1000m

1.	Charles Massala	New Dorp	2:25.9	1983
2.	Lionel Williams	St. Peters	2:27.90	2007 N.B. Invite
3.	Ronaldo Ball	Curtis	2:28.20	2013 Cities
4.	Daniel Zaccariello	St. Joseph Sea	2:29.32	2010 Intersectionals
5.	Keith Stapleton	Curtis	2:29.37	2007 Stanner Games
6.	Matt Frawley	Farrell	2:29.41	2007 N.B. Invite
7.	Ryan Tierney	St. Peters	2:29.48	2018 Sectionals
8.	Fred Acevedo	St. Peters	2:29.56	2002 Mayor's Meet
9.	Marc Carrera	St. Peters	2:29.66	2018 NYS Champs
10.	William Cuthertson	Susan Wagner	2:30.22	2018 State Champs

#### 1500m Actual Times or Enroute to mile time. Not Conversions the 1500m split was given

1.	Charles Marsala	New Dorp	3:53.67	1983 Princeton
2.	Kevin Jermyn	Tottenville	3:57.63	1993 Millrose
3.	Rolando Ortiz	St. Peters	3:57.95	1999 Nationals
4.	Daniel Zaccariello	St. Joseph Sea	3:58.74	2010 Hispanic Games
5.	Joe Tuttle	Moore Catholic	3:59.9	1988 Millrose Games
6.	Alex Orlando	Farrell	4:00.64	2009 Easterns
7.	Neil Donohue	Farrell	4:03.74	1985 Nationals
8.	Mohamed Bah	Curtis	4:03.84	2014 Nationals

9.	Keith Stapleton	Curtis	4:04.11	2007 Nationals
10.	Anthony Fioto	Farrell	4:04.4	1985 West Point

#### 1600m

1.	Charles Marsala	New Dorp	4:13.31	1983 NYS Champs
2.	Ryan Tierney	St. Peters	4:17.02	2018 NYS Champs
3.	Ryan Maxwell	St. Peters	4:18.35	1995 Mayors Cup
4.	James Cannon	St. Peters	4:19.84	2009 Intersectionals
5.	Rolando Ortiz	St. Peters	4:20.18	1999 NYS Champs
6.	Joe Ferrante	Tottenville	4:20.9	1999 NYS Champs
7.	Daniel Galford	Farrell	4:21.86	1983 NYS Champs
8.	Frank Martarella	Tottenville	4:22.14	1989 NYS Champs
9.	Joe Tuttle	Moore Catholic	4:22.4	1989 Intersectionals
10.	Kevin Jermyn	Tottenville	4:22.5	1993 Engineer Games

#### 1Mile

1.	Charles Marsala	New Dorp	4:14.13	1983
2.	Dan Carroll	St. Peters	4:15.0	1968
3.	Marty Walsh	New Dorp	4:16.0	1970 Mayors Meet
4.	Paul Buttermark	St. Peters	4:16.2	1974 Eastern States
5.	Kevin Jermyn	Tottenville	4:16.56	1993 Millrose Games
6.	Rolando Ortiz	St. Peters	4:16.91	1999 Nationals
7.	Daniel Zaccariello	St. Joseph Sea	4:17.76	2010 Hispanic Games
8.	Dennis Monohan	Farrell	4:19.0	1969
9.	Joe Tuttle	Moore Catholic	4:19.02	1988 Millrose Games
10.	Alex Orlando	Farrell	4:19.91	2009 Easterns

#### 1 Mile Steeple Chase

1.	Jacob Marlin	Curtis	4:49.20	2013
2.	Ronaldo Ball	Curtis	4:50.04	2012
3.	Mohamed Aziz	MSIT	4:51.21	2013
4.	Javier Viruel	MSIT	4:56.99	2013
5.	Christopher Hernandez	Susan Wagner	4:59.71	2018
6.	Joey Espinoza	MSIT	4:59.86	2015
7.	Kyle Brandt	Susan Wagner	5:03.34	2014
8.	Emanuel Morales	Susan Wagner	5:06.36	2015
9.	Phillip Lawry	MSIT	5:16.73	2015
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3000m Actual times or Enroute times on way to 2 Mile that can be verified!

1.	Neil Donohue	Farrell	8:42.40	1985 Nationals
2.	Kevin Jermyn	Tottenville	8:45.6	1993 Nationals
3.	Anthony kyvelos	Tottenville	8:57.3	1985
4.	Dan Lewis	Farrell	9:06.47	2004 Brown Invite
5.	Bill Condon	Farrell	9:07.3	1985
6.	Joe Samaritano		9:10.34	1988 West Point Invite
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3200m

1.	Neil Donohue	Farrell	9:13.11	1985 NYS Champs
2.	Dan Lewis	Farrell	9:16.60	2006 Intersectionals
3.	Ryan Maxwell	Farrell	9:18.84	1995 NYS Champs
4.	Kevin Jermyn	Tottenville	9:22.73	1993 Cities
5.	Joe Tuttle	Moore Catholic	9:24.64	1988 NYS Champs
6.	Jason Stapleton	Moore Catholic	9:28.80	2010 Varsity Classic
7.	Charles Marsala	New Dorp	9:32.3	1983 Cities
8.	Mohamed Aziz	MSIT	9:33.87	2014 NYS Champs
9.	Jimmy Lynch	Susan Wagner	9:33.9	1983 Cities
10.	Ryan Tierney	St. Peters	9:34.07	2016 Sectionals

2 Mile

1.	Neil Donohue	Farrell	9:13.5	1985
2.	Marty Walsh	New Dorp	9:16.0	1970
3.	Mike 'O Donnell	St. Peters	9:17.8	1975
4.	Kevin Jermyn	Tottenville	9:19.43	1993 Nationals
5.	Paul Buttermark	St. Peters	9:21.2	1974 Intersectionals
6.	Rich Harder	Susan Wagner	9:23.7	1976 St. Francis Games
7.	Ozro Plair	Port Richmond	9:25.1	1967
8.	Dan Galford	Farrell	9:26.74	2011 Loughlin Games
9.	Daniel Lewis	Farrell	9:29.32	2005 Loughlin Games
10.	Keith Stapleton	Curtis	9:29.90	2006 Loughlin Games

5000m

1.	Keith Stapleton	Curtis	15:37.04	2006 Nationals
2.	James Mauro	St. Peters	15:47.51	2006 Nationals

3.	John Cassidy	Farrell	16:23.26	2005 Nationals
4.	Shawn Lynch	St. Peters	17:10.39	2005 Nationals
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## THE RELAYS

### 4x200m

1.	St. Peters	1:31.52	1999 Mayors Meet
2.	St. Joseph Sea	1:32.01	2019 USATF Invitational
3.	St. Peters	1:32.07	1998 Loughlin Games
4.	Curtis	1:32.07	2008 Pepsi Hall of Classic
5.	St. Peters	1:32.31	1996 Nationals
6.	Farrell	1:32.42	2007 Stanner Games
7.	St. Peters	1:33.00	2010 Intersectionals
8.	Wagner	1:33.28	2013 City Champs
9.	Curtis	1:33.30	2003 Eastern States
10.	Farrell	1:33.41	2000 Intersectionals

### 4x400m

1.	Farrell	3:22.34 *	2009 University of Kentucky (300m over-sized track)
2.	St. Joseph Sea	3:23.15	2019 Nationals
3.	Curtis	3:23.84	2003 Nationals
4.	Susan Wagner	3:24.32	2018 Millrose Games
5.	St. Peters	3:25.70	1999 Sectionals
6.	Farrell	3:27.67	2008 Stanner Games
7.	St. Peters	3:28.50	2000 Mayors Meet
8.	St. Peters	3:28.51	2002 Evian Mayors Meet
9.	Curtis	3:28.82	2002 Evian Mayors Meet
10.	Curtis	3:29.06	2007 Millrose Trials

#### 4x800m

1.	St. Joseph Sea	7:49.03	2010 Collegiate Invitational
2.	Farrell	7:52.91	2006 Collegiate Invitational
3.	Farrell	7:54.03	2009 Nationals
4.	St. Peters	7:54.84	1998 Nationals
5.	St. Joseph Sea	7:55.00	2009 Nationals
6.	Farrell	7:55.68	2011 Millrose Time Trials
7.	St. Joseph Sea	7:55.88	2016 Millrose Games
8.	St. Peters	7:57.30	2006 Hall of Fame Classic
9.	St. Peters	7:57.30	2006 Hall of Fame
10.	Farrell	7:57.86	2012 Nationals

#### 1600m Sprint Medley Relay

1.	St. Joseph Sea	3:30.76	2010 Nationals
2.	St. Peters	3:32.84	2005 Nationals
3.	Susan Wagner	3:35.41	2017 Marine Corps
4.	St. Peters	3:35.97	1996 Nationals
5.	Curtis	3:36.73	2007 MLK Games
6.	St. Joseph Sea	3:36.87	2018 Ocean Breeze Festival
7.	St. Joseph Sea	3:37.16	2009 Marine Corps
8.	St. Peters	3:37.83	2004 Nationals
9.	Farrell	3:38.06	2006 Hall of Fame Classic
10.	St. Joseph Sea	3:39.27	2005 Holiday Classic

#### 4000m Distance Medley Relay

1.	Farrell	10:12.50	2012 Nationals
2.	Farrell	10:14.99	2006 Nationals
3.	St. Peters	10:20.57	2002 Nationals
4.	Farrell	10:21.91	1985
5.	St. Peters	10:23.15	2018 Yale Invitational
6.	Tottenville	10:25.9	1993 Princeton Relays
7.	St. Peters	10:26.10	1999 Nationals
8.	St. Joseph Sea	10:28.17	2016 Eastern States
9.	Farrell	10:28.44	2005 Eastern States
10.	Farrell	10:29.52	2001 Nationals

#### 4x1Mile

1.	Farrell	17:51.12	2006 Nationals
2.	Farrell	17:58.64	2005 Nationals



3.	Curtis	18:02.30	2013 Nationals
4.	Farrell	18:03.68	2009 Nationals
5.	Curtis	18:08.71	2010 Nationals
6.	Farrell	18:12.66	2011 Nationals
7.	Farrell	18:26.35	2012 Nationals
8.	MSIT	18:27.76	2009 Nationals
9.	MSIT	18:36.15	2008 Nationals
10.	Farrell	18:39.11	2010 Nationals

### Field Events

#### Long Jump

1.	Benjamin Ezike	Susan Wagner	23-7	2012
2.	Maxemilien Corpus	Susan Wagner	22-8 $\frac{3}{4}$	2019 Hispanic Games
3.	Adam Risi	St. Joseph Sea	22-8 $\frac{3}{4}$	1998 NYS Champs
4.	Liam Vogt	St. Joseph Sea	22-7 $\frac{3}{4}$	2012 CHSAA Sectionals
5.	Khadim Kdoye	MSIT	22-6 $\frac{1}{4}$	2015 Hall of Fame
6.	Steve Gregory	Curtis	22-5 $\frac{1}{4}$	2001 NYS Champs
7.	James Mirfield	MSIT	22-5	2017 Island Champs
8.	Oraine Pringle	Port Richmond	22-4	2008 Loughlin Games
9.	Chris Gittens	Curtis	22-0	1996 Islands
10.	Kris Szabadhagy	Farrell	21-11 $\frac{3}{4}$	1982

#### Triple Jump

1.	Benjamin Ezike	Susan Wagner	47-1	2012 Island Champs
2.	Khadim Ndoeye	MSIT	47-0	2015 Novice Meet
3.	Chris Gittens	Curtis	46-1 $\frac{1}{2}$	1996 City Champs
4.	Craig Miller	Curtis	45-8 $\frac{3}{4}$	1989 City Champs
5.	Henrique Scott	MSIT	45-6 $\frac{1}{2}$	2009 Loughlin Games
6.	Waleed Amer	Farrell	45-0	2004 Sectionals
7.	Jason James	Port Richmond	44-11 $\frac{1}{4}$	1997 Cities
8.	Quincy Henderson	Curtis	44-8	2007 Loughlin Games
9.	Kashiff Alexander	Curtis	44-3 $\frac{3}{4}$	2003 Cities
10.	Adam Risi	St. Joseph Sea	43-11	1998 Sectionals

#### High Jump

1.	Tony Lordo	Farrell	6-10	1998
2.	Bill Jankunis	New Dorp	6-9	1973
3.	Justin Sicari	Farrell	6-8 $\frac{1}{4}$	2014

4.	Adam Risi	St. Joseph Sea	6-8	1998
5.	Jeff Stetson	Tottenville	6-8	1981
6.	Scott Schargen	St. Joseph Sea	6-8	1995
7.	James Mirfield	MSIT	6-7	2016
8.	Kris Szabadhegy	Farrell	6-6 ¼	1982
9.	Brian Russlee	St. Joseph Sea	6-6	2012
	Will Velez	St. Peters	6-6	2005
10.	Simeon Curry	MSIT	6-6	1986

#### Pole Vault

1.	Charles Crispi	Farrell	16-5 ¼	2018 Nationals
2.	Brian Duggan	Farrell	16-2	2005 Intersectionals
3.	Cory Duggan	Farrell	16-0	2010 NYS Champs
4.	Kyle Duggan	Farrell	15-6	2007 Intersectionals
5.	Kris Szabadhagy	Farrell	14-6	1982 NYS Champs
6.	Joseph Vigilante	New Dorp	14-6	2016 S.I. Relays
7.	Luke Ammirati	Farrell	14-3	2014 NYS Champs
8.	Andrew Orlandi	Farrell	14-0	2007 Intersectionals
9.	Enis Rama	Susan Wagner	13-0	2017 S.I. Relays
10.	Michael DiBiase	St. Joseph Sea	13-0	2016 Intersectionals
10.	Anthony Cerciello	St. Joseph Sea	13-0	2009 Sectionals

#### Shot Put

1.	Sal DellaCroce	St. Peters	60-6 ¼	1981
2.	J. Napole	St. Peters	60-4 ½	1981
3.	E. Diaz	Farrell	60-4	1994
4.	R. Oetting	St. Peters	58-6	1985
5.	Dennis Aliotta	Farrell	58-5 ¾	2007 Intersectionals
6.	Darren Dotson	St. Peters	57-9 ¾	1984
7.	John Mato	Farrell	57-5	1997
8.	Vincenzo Chiarello	Farrell	57-4 ½	2007 Intersectionals
9.	Jeff Henry	Port Richmond	57-2	1976
10.	Steve Moore	New Dorp	55-8	1974

#### Weight Throw

1.	Phillip Rosendorf	Susan Wagner	71-4	2016
2.	Lutfi Pocesta	Susan Wagner	61-9 ½	2015
3.	Michael Feldman	Tottenville	61-4 ¼	2016 Nationals

4.	Mathew Jimenez	Farrell	59-11	2007 Intersectionals
5.	Vincenzo Chiariello	Farrell	59-4 $\frac{3}{4}$	2007 Intercectionals
6.	Dennis Aliota	Farrell	59-1 $\frac{1}{4}$	2007 Intersectionals
7.	Steven Feldman	Tottenville	58-11 $\frac{1}{4}$	2016 Nationals
8.	Adrian Pocesta	Susan Wagner	58-11	2019 NYS Champs
9.	Elijah Broderick	Susan Wagner	53-11	2016 City Champs
10.	Alan Prockett	Susan Wagner	53-8 $\frac{1}{2}$	2015 Nationals

Pentathlon (LJ , HJ , 55HH , SP , 1000m)

1.	Adam Risi	St. Joseph Sea	3.420pts	1998 Nationals
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