



# Staten Island High School Track & Field Association

PRESIDENT: Chris Mancusi  
TREASURER: Patricia Mulligan  
WEBSITE: [www.sihstfa.org](http://www.sihstfa.org)

VICE-PRESIDENT: Jim Hughes  
SECRETARY: Jo-Anne Kopycinski  
TWITTER: @sihstfa

## FRESHMEN ISLAND CHAMPS - Tues Nov 5, 2019

3:45 PM	Frosh BOYS "A"	Top 30 medal	Trophies to the Top 3 teams
3:55 PM	Frosh GIRLS "A"	Top 30 medal	Trophies to the Top 3 teams
4:05 PM	Frosh BOYS "B"	Top 15 medal	No Team Score
4:15 PM	Frosh GIRLS "B"	Top 15 medal	No Team Score

\* You must run your Top 7 BEST runners in the "A" Race \*

\* The remaining runners will run in the "B" Race \*

**\* We will be using automated timing – Make sure all freshmen are on your roster.**

## 66th Annual Varsity Boys & 44<sup>th</sup> Annual Varsity Girls – Sat 11/16 @ Clove Lakes and Junior Varsity Champs

Sat Nov 16<sup>th</sup>

12:00 PM	Varsity BOYS Race	Top 30 medal	Trophies to the Top 3 teams
12:30 PM	Varsity GIRLS Race	Top 30 medal	Trophies to the Top 3 teams
1:00 PM	J.V. BOYS Race	Top 30 medal	Trophies to the Top 3 teams
1:30 PM	J.V. GIRLS Race	Top 30 medal	Trophies to the Top 3 teams

\* You must run you Top 7 BEST runners in the Varsity Race \*

\*The remaining runners will run in the J.V. Race \*

**\* We will use automated timing, Runners will get numbers \***

## COMMUNICATIONS

Once I have all of the contact sheets we'll be using the remindapp for league reminders and news. You must reply YES to the text notifying you that you've been added to the league remindapp.

## ROSTER DEADLINE – Nov 1, 2019

We are doing everything for XC on **Milesplit** - which will make things alot easier for us. Our intention is to order personalized bibs so we need time to get the bibs ordered.

### Directions:

Click the **Frosh Islands** on milesplit, enter the meet and fill out any contact info it requires.

Add any athletes that aren't already listed on your milesplit roster - Rare since milesplit automatically adds kids as meet results are posted.

Next, all you need to do is click to enter each boy or girl in the Frosh meet - no need to declare whether they'll be running the "A" or "B" races.

By entering them in the race, they will get a bar coded label.

### For the JV/Varsity Islands,

Add any athletes that aren't already listed on your milesplit roster - Rare since milesplit automatically adds kids as meet results are posted.

Same format, just click each kid that will run one of the two races. If you intend to race freshmen in the Varsity or JV race, enter them too.

No need to declare who is your Varsity/JV as things may happen race day.

**ALL meets MUST be entered by 11/1/19 as this was the announced roster deadline.**

## LEAGUE FEES & BUDGET UPDATE

Any team that hasn't paid at least 1/3 of the annual league fee will not be allowed to compete during XC.

**XC Coaches All-Star Meeting & Indoor Prep - Tues Nov 26, 2019**

The meeting will take place at 5:30 PM at the Roadhouse

First & Second team all-star teams will be voted on by the coaches. We will also award a senior scholar athlete - 1 boy and 1 girl. Boys = 54th All-Star Team, Girls =42nd All-Star Team

**XC DINNER - Thurs Dec 12, 2019 @ Hilton Garden Inn**

Each ticket for any athlete, parent or coach is \$55.00. Each team must submit 1 check for all tickets for their team by Dec 1st to Patricia Mulligan. No ticket money will be accepted after the deadline. Patricia will give the coach the tickets for all paid athletes upon receipt of a check. Her address is 723 Stafford Ave, S.I., N.Y. 10309 and her cell phone is 917-476-1467

**TICKET DEADLINE - Dec 1, 2019**

**INDOOR & OUTDOOR DATES**

**NEW BUSINESS**

- \* RIP John Tobin
- \* Retirees at XC Dinner
- \* Miguel - Grants update
- \* Donald – Historian?
- \* Xcel – Social Media?
- \* XC Course update

**PROPOSALS**

**S.I.H.S.T.&F.A COACHES  
ALL-STAR & AWARDS DINNER**

*Honoring the*  
**55th Boys All-Star Cross Country Team  
The 43rd Girls All-Star Cross Country Team  
Selected Freshmen & Varsity Harriers  
Senior Scholar Athlete Award**

**Thursday December 12, 2019  
@ Hilton Garden Inn  
7:00 PM - 10:45 PM**

*\$55.00 Per Ticket*



*All money is due by  
Ticket money is being collected by*